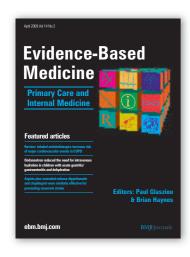
Evidence-Based Medicine



Contents

Purpose and procedure

33

EBM notebook

- **34** Jottings ...
- 34 To lower or not to lower? Making sense of the latest research on intensive glycaemic control and cardiovascular outcomes
- **37** Obituary—Anna Donald
- **37** A spotter's guide to study designs

Evidently

39

Therapeutics

- 5-day and 3-day oral prednisolone did not differ for asthma control in children who had acute asthma exacerbations
- 41 Review: exercise helps relieve pain in patients with hip osteoarthritis
- Review: inhaled anticholinergics increase risk of major cardiovascular events in COPD
- Tiotropium reduced exacerbations but not rate of FEV₁ decline in patients with COPD using other respiratory medications
- Ondansetron reduced the need for intravenous hydration in children with acute gastritis/ gastroenteritis and dehydration
- **45** Mothers were less likely to be depressed after a structured behavioural intervention for infant sleep problems
- 46 Aspirin plus extended-release dipyridamole and clopidogrel were similarly effective for preventing recurrent stroke
- **47** Telmisartan did not prevent recurrent stroke or major cardiovascular events
- 48 Rosuvastatin prevented major cardiovascular events in people with elevated C-reactive protein
- **49** Review: less than maximum doses of ACE inhibitors lower BP to near maximum levels in hypertension
- 50 Specific oral tolerance induction increased tolerance to milk in children with severe cow's milk allergy

April 2009 Vol 14 No 2

- 51 In high-risk adolescents, CBT reduced depression at 6 months more than assessment alone but did not differ from bibliotherapy or supportive-expressive therapy
- **52** Review: some computerised cognitivebehavioural therapies are effective for treating mild-to-moderate depression
- Fast Review: some evidence shows that pelvic floor muscle training reduces urinary incontinence in pregnant and postpartum women at ≤12 months
- 54 Laparoscopic surgery was more effective than medical management for GORD disease
- Influenza immunisation during pregnancy reduced influenza in infants and respiratory illness in mothers

Diagnosis

56 Review: C-reactive protein has moderate diagnostic accuracy for serious bacterial infection in children with fever

Prognosis

57 Review: 1-year risk of previously undiagnosed cancer is 6.3% in patients with newly diagnosed venous thromboembolism

Aetiology

Review: head covering is associated with increased risk of sudden infant death syndrome

Clinical prediction guide

59 Review: D-dimer concentrations predict risk of recurrent VTE after anticoagulant therapy is stopped

Resource reviews

60

Additional articles abstracted in ACP Journal Club

62

Other articles noted

63

Glossary

Inside back cover

This article has been chosen by the Editor to be of special interest or importance and is freely available online. | C | O | P | E | COMMITTEE ON PUBLICATION ETHICS This journal is a member of and subscribes to the principles of the Committee on Publication

www.publicationethics.org.uk