

Evidence-Based Medicine

Contents

Purpose and Procedure	66	CABG led to less angina, reintervention, and medication than did PTCA, but mortality did not differ	83
Additional Articles Abstracted in ACP Journal Club	67	CABG leads to less angina and less reintervention than PTCA, but mortality and subsequent MI are the same ...	84
EBM NOTEBOOK		A long-term walking program is the optimal exercise for increasing endurance in claudication pain	85
On the need for evidence-based general and family practice	68	Vitamins E and C and β -carotene may not reduce cardiovascular mortality	86
How to search for and find evidence about therapy	70	Multidisciplinary approach reduced readmissions in patients with CHF	87
THERAPEUTICS		Annual comprehensive geriatric assessments improved community living	88
Pravastatin reduced nonfatal MI without increasing noncardiovascular death in men with hypercholesterolemia ..	73	Anticonvulsant drugs reduce pain in trigeminal neuralgia and diabetic neuropathy and are effective for migraine prophylaxis .	89
Corticosteroids do not reduce mortality in sepsis and septic shock	74	Noninvasive ventilation decreased mortality and the need for endotracheal intubation for COPD exacerbation	90
Zinc supplementation reduced duration and severity of diarrhoea in young, poor children	75	Simple support and nicotine replacement improve quit rates for smokers	91
Incentive spirometry decreased pulmonary complications in sickle cell diseases	76	Antenatal corticosteroids safely reduce the respiratory distress syndrome	92
Ondansetron reduced emesis in children receiving chemotherapy for leukaemia	77	Routine intrapartum electronic fetal monitoring decreases neonatal seizures but increases operative deliveries	93
Intensified follow-up detected recurrent colorectal cancer earlier than did conventional follow-up but did not affect recurrence or survival	78	Care from a midwife team was effective	94
Laparoscopy caused longer operating times and shorter hospital stays than did open appendectomy	79	ETIOLOGY	
Cognitive behavioural therapy reduced the frequency and intensity of medically unexplained physical symptoms	80	Stopping smoking decreased the risk for stroke in middle-aged men	95
Paroxetine plus cognitive behavioural therapy reduced the number of panic attacks in panic disorder	81	QUALITY IMPROVEMENT	
Antidepressant drugs relieve symptoms of obsessive-compulsive disorder	82	Computer use enhances clinician task performance	96
		GLOSSARY	Inside back cover