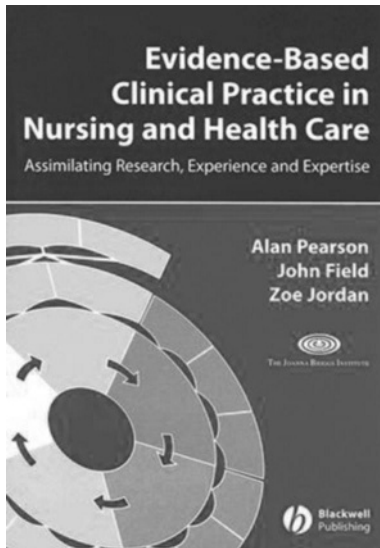


Resource review

Pearson A, Field J, Jordan Z. *Evidence-based clinical practice in nursing and health care: assimilating research, experience and expertise*. Oxford: Blackwell, 2007.



Evidence-based clinical practice in nursing and health care: assimilating research, experience and expertise can be obtained from www.blackwellpublishing.com for £25.99.

This book provides an excellent introduction to evidence-based nursing (EBN). Although it is unlikely to add to the knowledge base of experienced EBN practitioners, its lucid explanations, lack of jargon, and clear presentation make it a worthwhile and useful text for beginners. The book is truly international in scope, both in terms of mentioning the plethora of organisations around the globe involved in evidence-based health care and in highlighting the importance of EBN to healthcare systems in both developed and developing countries.

The chapters use the image of a clock dial to describe the cyclical nature of evidence, and they work round the "clock face." Chapters discuss healthcare evidence generation, evidence synthesis, evidence utilisation, and a balanced and full debate concerning the issues and challenges of EBP and future pathways. At times the information feels a little repetitive with some concepts being explained on several occasions; however, this could be an advantage to the beginner attempting to decipher EBN for the first time.

I particularly enjoyed the chapter on systematic reviews. It provided an in-depth "how to" approach to conducting a systematic review as well as a useful explanation as to why they are required. This chapter is thorough and could certainly stand alone, outside of the book, as an excellent guide to developing a high quality systematic review.

The final chapter "Evidence-based practice: issues and challenges" was excellent and thought-stimulating. It provided a current and broad overview of evidence-based practice, taking the concept outside the medical arena. One aspect I most enjoyed was its constant references to practice, making it relevant for nurses working in clinical areas. A different case study is presented alongside each chapter together with pertinent questions and thought provoking discussion points.

The book is well referenced and provides a comprehensive further reading list. The appendix is very useful too and contains the Joanna Briggs Institute tools for all aspects of the EBN process. This text is an excellent introduction to EBN and is likely to prove to be an essential resource for nursing students.

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RATINGS

Methods/Quality of information ★★★★★☆

Clinical usefulness ★★★★★

Correction

Physiotherapy for tennis elbow

Although Leanne Bisset appears as an author for this article¹ in the html version, she is not appearing correctly as an author on the title page in the PDF version or in the PubMed citation. By way of this erratum, we are correcting this error.

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1 Vicenzino B, Bisset L. Physiotherapy for tennis elbow. *Evid Based Med* 2007;12:37-38.