Purpose and procedure
EBM notebook
Jottings
"Pragmatic" clinical trials: from whose perspective?
Writing a research article that is "fit for purpose": EQUATOR Network and reporting guidelines
45-year-old male from an RTA with isolated sternal fracture: immediate discharge or hospital admission?

Therapeutics
136 Review: diabetes is not a coronary disease equivalent
137 Screening for CAD in asymptomatic patients with type 2 diabetes did not reduce risk of cardiac events
138 Review: bariatric surgery reduces weight and improves type 2 diabetes in adults
139 Adding metformin to insulin did not improve a composite of microvascular and macrovascular disease in type 2 diabetes
140 Oral anticoagulant therapy safely prevented stroke in older patients with atrial fibrillation
141 Review: antenatal magnesium sulphate prevents cerebral palsy in preterm infants
142 Review: combining 2 classes of blood pressure–lowering drugs has an approximately additive effect on systolic blood pressure
143 Review: continuous positive airway pressure devices are effective and cost-effective for obstructive sleep apnoea
144 Review: nicotine replacement therapy as assisted "reduction-to-stop" reduces smoking and sustains abstinence in smokers
145 Blood pressure–lowering did not improve short-term mortality or dependency in acute stroke and hypertension
146 A stepped-care prevention programme decreased depression and anxiety disorders in elderly patients

Diagnosis

Aetiology

151 Higher red blood cell distribution width was associated with increased risk of mortality in adults >/=45 years of age
152 BMI <22.5 and >/=25 predicted higher overall mortality in adults
153 Fetal exposure to valproate was associated with lower IQ scores at 3 years of age than exposure to other antiepileptic drugs
154 Concomitant use of proton pump inhibitors with clopidogrel may increase risk of readmission after discharge for acute MI

Clinical prediction guide

155 A dipstick clinical prediction rule modestly improved diagnostic precision in women with suspected urinary tract infection

Resource reviews

156

Additional articles abstracted in ACP Journal Club

158

Other articles noted

159

Glossary

Inside back cover

Featured articles

Review: nicotine replacement therapy as assisted “reduction-to-stop” reduces smoking and sustains abstinence in smokers

Oral anticoagulant therapy safely prevented stroke in older patients with atrial fibrillation

Review: diabetes is not a coronary disease equivalent

Editors: Paul Glasziou & Brian Haynes

ebm.bmj.com

BMJ Journals