Disclaimer: The Editor of BMJ Fuidence-Rased Medicine has been granted editorial freedom and BMJ Evidence-Based Medicine is published in accordance with editorial guidelines issued by the World Association of Medical Editors and the Committee on Publication Ethics. BMJ Evidence-Based Medicine is primarily intended for healthcare professionals and its content is for information only. The Journal is published without any guarantee as to its accuracy or completeness and any representations or warranties are expressly excluded to the fullest extent permitted by law. Readers are advised to independently verify any information on which they choose to rely. Acceptance of advertising by BMJ Evidence-Based Medicine does not imply endorsement. BMJ Publishing Group Limited shall not be liable for any loss, injury or damage howsoever arising from BMJ Evidence-Based Medicine (except for liability which cannot be legally excluded).

Copyright: © 2021 BMJ Publishing Group Ltd. All rights reserved; no part of this publication may be reproduced in any form without permission.

Published by BMJ Publishing Group Ltd, typeset by Exeter Premedia Services Private Limited, Chennai, India, and printed in the UK on acid free paper.

BMJ Evidence-Based Medicine (ISSN No: 2515-446X) is distributed in the USA by Air Business Ltd. Periodicals postage paid at Jamaica NY 11431. POSTMASTER: send address changes to BMJ Evidence-Based Medicine, Air Business Ltd, c/o Worldnet Shipping Inc, 156-15, 146th Avenue, 2nd Floor, Jamaica, NY 11434, USA.

BMJ Evidence-Based Medicine publishes original evidence based research, insights and opinions on what matters for health care. The journal focuses on the tools, methods, and concepts that are basic and central to practising evidence-based medicine.

Editor-in-Chief

Juan VA Franco

Instituto Universitario Hospital Italiano de Buenos Aires, Buenos Aires, Argentina

Associate Editors

Kerry Dwan

Cochrane, London, UK

Luis Garegnani

Instituto Universitario Hospital Italiano de Buenos Aires, Buenos Aires, Argentina

Marleen Kunneman

Leiden University Medical Center, Leiden, Netherlands

Eva Madrid

Universidad de Valparaíso, Valparaíso, Chile

Maria-Inti Metzendorf

Heinrich-Heine University, Düsseldorf, Germany

Nicolás Meza

Universidad de Valparaíso, Valparaíso, Chile

David Nunan

Department of Primary Care Health Sciences, University of Oxford, Oxford, UK

Georgia Richards

University of Oxford,

Oxford, UK

Paula Riganti

raula niyallu

UBC Faculty of Medicine, Vancouver, Canada

Areti Angeliki Veroniki

University of Ioannina, Ioannina, Greece

Editorial Registrar

Georgia Richards

University of Oxford, Oxford, UK









ЕВМ

https://twitter.com/ BMJ_EBM https://www.facebook.com/BMJ. Evidence.Based.Medicine/

Subscription Information

BMJ Evidence-Based Medicine delivers relevant, trustworthy and impactful evidence by:

- Publishing original research that affects practice
- Providing debate, analysis and opinion on trusted evidence that matters for better healthcare
- Disseminating relevant research: saving you time and improving your practice.

BMJ Evidence-Based Medicine is owned by BMJ Publishing Group Ltd and publishes bimonthly.

For more information on subscription rates or to subscribe online please visit http://ebm.bmj.com/pages/subscribe

Institutional Rates 2021

Print

£479

Online Only

Site licences are priced on FTE basis and allow access by the whole institution.

ISSN2515-446X (print) ISSN2515-4478 (online)

Personal Rates 2021

Print (includes online access at no additional cost)

£298

Online Only

£141

Personal print or online only and institutional print subscriptions may be purchased online at http://journals.bmj.com/content/subscribers (payment by (MasterCard/Visa only).

Residents of some EC countries must pay VAT; for details call us or visit http://journals.bmj.com/content/ subscribers

Contact Details

For ScholarOne gueries

E: editorial.ebm@bmj.com

Senior Production Editor

Kate Spencer

E: production.ebm@bmj.com

Customer support

For general queries and support with existing and new subscriptions:

W: support.bmj.com

T: +44 (0)20 7111 1105

E: support@bmj.com

Self-archiving and permissions

W: bmj.com/company/products-services/rights-and-licensing/

E: bmj.permissions@bmj.com

Advertising

 $\label{eq:weights} W: \mbox{bmj.com/company/for-advertisers-} \\ \mbox{and-sponsor/} \\$

Display Advertising ROW

Sophie Fitzsimmons

T: +44 (0)20 3655 5612

E: sfitzsimmons@bmj.com

Online Advertising ROW

Marc Clifford

T: +44 (0)20 3655 5610

E: mclifford@bmj.com

Display & Online Advertising Americas

American Medical Communications (AMC)

T: +1 973 214 4374

E: rgordon@americanmedicalcomm.com

Reprints

Author Reprints

BMJ Reprints Team

E: admin.reprints@bmj.com

Commercial Reprints ROW

Nadia Gurney-Randall

M: +44 (0)7866 262 344

E: ngurneyrandall@bmj.com

Commercial Reprints Americas

Ray Thibodeau

T: +1 267 895 1758

M: +1 215 933 8484

E: ray.thibodeau@contentednet.com

For all other EBM journal contacts

http://ebm.bmj.com/pages/contact-us/