

**Disclaimer:** The Editor of *BMJ Evidence-Based Medicine* has been granted editorial freedom and *BMJ Evidence-Based Medicine* is published in accordance with editorial guidelines issued by the World Association of Medical Editors and the Committee on Publication Ethics. *BMJ Evidence-Based Medicine* is primarily intended for healthcare professionals and its content is for information only. The Journal is published without any guarantee as to its accuracy or completeness and any representations or warranties are expressly excluded to the fullest extent permitted by law. Readers are advised to independently verify any information on which they choose to rely. Acceptance of advertising by *BMJ Evidence-Based Medicine* does not imply endorsement. BMJ Publishing Group Limited shall not be liable for any loss, injury or damage howsoever arising from *BMJ Evidence-Based Medicine* (except for liability which cannot be legally excluded).

**Copyright:** © 2022 BMJ Publishing Group Ltd. All rights reserved; no part of this publication may be reproduced in any form without permission.

Published by BMJ Publishing Group Ltd, typeset by Exeter Premedia Services Private Limited, Chennai, India.

*BMJ Evidence-Based Medicine* (ISSN No: 2515-446X) is distributed in the USA by Air Business Ltd. Periodicals postage paid at Jamaica NY 11431. POSTMASTER: send address changes to *BMJ Evidence-Based Medicine*, Air Business Ltd, c/o Worldnet Shipping Inc, 156-15, 146th Avenue, 2nd Floor, Jamaica, NY 11434, USA.

**BMJ Evidence-Based Medicine** publishes original evidence based research, insights and opinions on what matters for health care. The journal focuses on the tools, methods, and concepts that are basic and central to practising evidence-based medicine.

## Editor-in-Chief

**Juan VA Franco**

Instituto Universitario Hospital Italiano de Buenos Aires, Buenos Aires, Argentina

## Associate Editors

**Kerry Dwan**

Cochrane, London, UK

**Luis Garegnani**

Instituto Universitario Hospital Italiano de Buenos Aires, Buenos Aires, Argentina

**Marleen Kunneman**

Leiden University Medical Center, Leiden, Netherlands

**Eva Madrid**

Universidad de Valparaíso, Valparaíso, Chile

**Maria-Inti Metzendorf**

Heinrich-Heine University, Düsseldorf, Germany

**Nicolás Meza**

Universidad de Valparaíso, Valparaíso, Chile

**David Nunan**

Department of Primary Care Health Sciences, University of Oxford, Oxford, UK

**Georgia Richards**

University of Oxford, Oxford, UK

**Paula Riganti**

UBC Faculty of Medicine, Vancouver, Canada

**Areti Angeliki Veroniki**

University of Ioannina, Ioannina, Greece

## Editorial Registrar

**Georgia Richards**

University of Oxford, Oxford, UK



[https://twitter.com/BMJ\\_EBM](https://twitter.com/BMJ_EBM)



<https://www.facebook.com/BMJ.Evidence.Based.Medicine/>



<http://blogs.bmj.com/bmjebmspotlight/>

## Subscription Information

*BMJ Evidence-Based Medicine* delivers relevant, trustworthy and impactful evidence by:

- Publishing original research that affects practice
- Providing debate, analysis and opinion on trusted evidence that matters for better healthcare
- Disseminating relevant research: saving you time and improving your practice.

*BMJ Evidence-Based Medicine* is owned by BMJ Publishing Group Ltd and publishes bimonthly.

For more information on subscription rates or to subscribe online please visit <http://ebm.bmj.com/pages/subscribe>

### Institutional Rates 2022

#### Online Only

Site licences are priced on FTE basis and allow access by the whole institution.

ISSN2515-4478 (online)

### Personal Rates 2022

#### Online Only

£147

Personal online only and institutional online subscriptions may be purchased online at <http://journals.bmj.com/content/subscribers> (payment by MasterCard/Visa only).

Residents of some EC countries must pay VAT; for details call us or visit <http://journals.bmj.com/content/subscribers>

## Contact Details

For ScholarOne queries

E: [editorial.ebm@bmj.com](mailto:editorial.ebm@bmj.com)

### Senior Production Editor

Kate Spencer

E: [production.ebm@bmj.com](mailto:production.ebm@bmj.com)

### Customer support

For general queries and support with existing and new subscriptions:

W: [support.bmj.com](http://support.bmj.com)

T: +44 (0)20 7111 1105

E: [support@bmj.com](mailto:support@bmj.com)

### Self-archiving and permissions

W: [bmj.com/company/products-services/rights-and-licensing/](http://bmj.com/company/products-services/rights-and-licensing/)

E: [bmj.permissions@bmj.com](mailto:bmj.permissions@bmj.com)

### Advertising

W: [bmj.com/company/for-advertisers-and-sponsor/](http://bmj.com/company/for-advertisers-and-sponsor/)

#### Display Advertising ROW

Sophie Fitzsimmons

T: +44 (0)20 3655 5612

E: [sfitzsimmons@bmj.com](mailto:sfitzsimmons@bmj.com)

#### Online Advertising ROW

Marc Clifford

T: +44 (0)20 3655 5610

E: [mclifford@bmj.com](mailto:mclifford@bmj.com)

#### Display & Online Advertising Americas

American Medical Communications (AMC)

T: +1 973 214 4374

E: [rgordon@americanmedicalcomm.com](mailto:rgordon@americanmedicalcomm.com)

### Reprints

#### Author Reprints

BMJ Reprints Team

E: [admin.reprints@bmj.com](mailto:admin.reprints@bmj.com)

#### Commercial Reprints ROW

Nadia Gurney-Randall

M: +44 (0)7866 262 344

E: [ngurneyrandall@bmj.com](mailto:ngurneyrandall@bmj.com)

#### Commercial Reprints Americas

Ray Thibodeau

T: +1 267 895 1758

M: +1 215 933 8484

E: [ray.thibodeau@contentednet.com](mailto:ray.thibodeau@contentednet.com)

### For all other EBM journal contacts

<http://ebm.bmj.com/pages/contact-us/>