Evidence-Based Medicine

Contents

Purpose and Procedure ............................................. 98
Additional Articles Abstracted in ACP Journal Club ............................................. 99

EBM NOTEBOOK
Ask, and ye shall retrieve ............................................. 100
Evidence-based medicine on the wards: report from an evidence-based minion ............................................. 101
Letter .......................................................................... 103
Correction ...................................................................... 104

THERAPEUTICS
Fluoxetine decreased depressive symptoms in children and adolescents with nonpsychotic major depressive disorder ............................................. 105
Prophylactic chest physiotherapy reduced pulmonary complications after major abdominal surgery ............................................. 106
Finasteride reduced symptoms and need for surgery for benign prostatic hypertasia ............................................. 107
Review: Topical nonsteroidal anti-inflammatory drugs are effective and safe for pain ............................................. 108
Review: Advice to stay active is effective for acute low-back pain but bed rest is not ............................................. 109
Continuing to engage in normal activities after ankle-sprain injury led to fewer symptoms than did immobilization and sick leave ............................................. 110
Review: Heparin reduces central venous and pulmonary artery catheter clots ............................................. 111
Review: Amiodarone reduces mortality after MI and for congestive heart failure ............................................. 112
Review: Amiodarone reduces all-cause mortality in patients at risk for sudden cardiac death ............................................. 113
Xaralmin plus aspirin prevented ischemic heart disease in high-risk men ............................................. 114
Review: HMGCoA reductase inhibitors reduce stroke, CHD, and all-cause mortality ............................................. 115
Omeprazole maintained remission from ulcers better than misoprostol ............................................. 116
Omeprazole healed ulcers and maintained remission better than ranitidine ............................................. 117
Treatment after first seizure did not increase seizure remission periods in patients with a first tonic-clonic seizure ............................................. 118
Alendronate reduced new fractures in postmenopausal women who had low bone-mineral density and existing vertebral fractures ............................................. 119
Combining nebulised ipratropium and albuterol improved FEV1, but did not improve symptoms or quality of life in COPD ............................................. 120
Review: Limited asthma education reduces emergency department visits but does not improve patient outcomes ............................................. 121
A home-based intervention reduced the frequency of hospital readmissions and out-of-hospital deaths after hospital discharge ............................................. 122

DIAGNOSIS
Serial ECGs were more sensitive than an initial ECG for diagnosing chest pain ............................................. 123

PROGNOSIS
Review: Few depressed elderly inpatients improve ............................................. 124

ETIOLOGY
Some lifestyle and dietary habits were associated with all-cause and coronary heart disease mortality in elderly persons ............................................. 125
Review: Nonsmokers exposed to other people’s tobacco smoke have an increased risk for lung cancer ............................................. 126
Review: Maternal smoking is associated with an increased risk for SIDS ............................................. 127

QUALITY IMPROVEMENT
Review: Educational outreach visits combined with additional interventions reduce inappropriate prescribing by physicians ............................................. 128

Glossary .......................................................................... Inside back cover

Volume 3 • Number 4 • July/August 1998