

Evidence-Based Medicine

Contents

Purpose and procedure	34	Review: mucolytic drugs reduce exacerbations, illness days, and antibiotic use in chronic bronchitis and chronic obstructive pulmonary disease	53
Additional articles abstracted in ACP Journal Club	35	Zinc or vitamin A reduced diarrhoea in young, poor Bangladeshi children.....	54
EBM notebook		A rice based diet with green banana or pectin reduced diarrhoea in infants better than a rice alone diet	55
Clinical expertise in the era of evidence-based medicine and patient choice.....	36	Physiotherapy, aerobics, and training devices reduced pain intensity and frequency in chronic low back pain	56
Resource corner	39	Review: antidepressants improve headache in patients with chronic headache	57
Therapeutics		Diagnosis	
The Dietary Approaches to Stop Hypertension diet lowered systolic blood pressure in stage 1 isolated systolic hypertension.....	41	Review: CT angiography and magnetic resonance imaging are the best less invasive tests for renal artery stenosis.....	58
Combined treatment with indapamide and perindopril but not perindopril alone reduced the risk for recurrent stroke....	42	B-natriuretic peptide concentrations had high sensitivity and specificity for detecting abnormal ventricular function	59
Clopidogrel plus aspirin was effective but increased bleeding in acute coronary syndromes without ST-segment elevation ...	43	Prognosis	
A nurse-led intervention reduced risk factors, anxiety, and depression in patients waiting for CABG	44	Children infected with meningitis before 1 year of age were at increased risk for disability at 5 years of age	60
Revascularisation led to less angina and fewer adverse cardiac events than did optimal medical care in angina pectoris in the elderly	45	Etiology	
Continuous and intermittent sibutramine were equally effective at 44 weeks for reducing weight in obesity	46	Low level prenatal alcohol exposure was associated with adverse behavioural outcomes in children at 6 to 7 years of age	61
Levodopa plus carbidopa before physiotherapy increased motor recovery after stroke.....	47	Quality improvement	
Review: thrombolysis increases short term death and intracranial haemorrhage but decreases long term death or dependence.....	48	Review: multidisciplinary coronary heart disease management programmes improve the process of care and reduce hospital admissions.....	62
Review: studies on the cardiovascular effects of selective COX-2 inhibitors show mixed results.....	49	Economics	
Review: long term lithium treatment lowers suicide risk in major affective disorder	50	An intranasal influenza vaccine for the prevention of influenza in healthy children was cost effective.....	63
Review: problem solving treatment after deliberate self harm improves depression, hopelessness, and personal problems ..	51	Differential diagnosis	
Review: behavioural interventions show the most promise for chronic fatigue syndrome.....	52	A standardised sequential clinical examination identified probable causes of syncope in 69% of patients.....	64
		Glossary	Inside back cover

Now available online at:
www.evidence-basedmedicine.com