

Evidence-Based Medicine

Contents

Purpose and procedure	66	Lansoprazole provided more effective and faster relief for heartburn than omeprazole in erosive oesophagitis.....	85
Additional articles abstracted in ACP Journal Club	67	Review: antidepressants increase remission and clinical improvement in bulimia nervosa	86
EBM notebook		Review: psychological treatment is as effective as antidepressants for bulimia nervosa, but a combination is best.....	87
Practice corner: evidence-based medicine in practice	68	Review: primary care counselling improves psychological symptoms in patients with psychological and psychosocial problems	88
Resource review	71	Review: haloperidol does not reduce agitation in dementia ..	89
Therapeutics		Oestrogen did not prevent death or non-fatal stroke in postmenopausal women with ischaemic stroke or transient ischaemic attack.....	90
Review: exercise training reduces HbA _{1c} concentrations but not body mass in type 2 diabetes mellitus.....	73	Initial bromocriptine did not change mortality in early, mild Parkinson's disease.....	91
Overall satisfaction increased more with inhaled insulin than with subcutaneous insulin in type 1 diabetes.....	74	Review: evidence on surgical interventions for distal radial fractures is inconclusive	92
Review: inactivated vaccines provide the greatest protection against influenza in healthy people	75		
Review: adding antileucotrienes to inhaled corticosteroids reduces exacerbations in symptomatic chronic asthma.....	76	Diagnosis	
Montelukast moderately decreased asthma symptoms in children with persistent asthma	77	Review: physical diagnostic tests have low diagnostic accuracy for meniscal lesions of the knee.....	93
Review: pressurised metered dose inhalers are as effective as other hand held inhalers for corticosteroid use in asthma....	78	Aetiology	
Review: pressurised metered dose inhalers are as effective as other hand held inhalers for β_2 agonist bronchodilator use in asthma	79	Review: breast cancer is associated with a family history of the disease in first degree relatives.....	94
Irbesartan was renoprotective in patients with type 2 diabetes, hypertension, and microalbuminuria.....	80	Economics	
Irbesartan reduced progression of nephropathy caused by type 2 diabetes independent of the effect on blood pressure .	81	1 of 2 quality improvement interventions for depression in managed care was more effective but more costly than usual care.....	95
Losartan was renoprotective in diabetic nephropathy independent of its effect on blood pressure.....	82	Clinical prediction guide	
A specialist nurse intervention reduced readmissions in patients admitted to hospital with chronic heart failure	83	Several simple rules predicted complications in high risk patients with diabetes	96
Benzodiazepines were as safe as and more effective than placebo for out-of-hospital status epilepticus	84	Glossary	Inside back cover

Now available online at:
www.evidence-basedmedicine.com