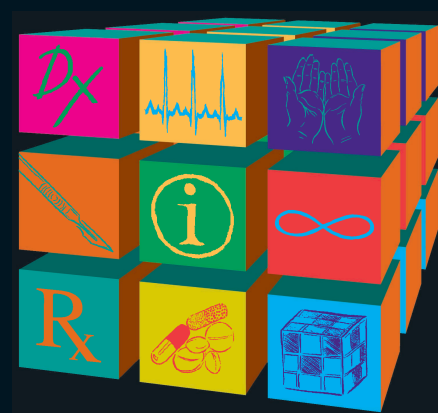


Evidence-Based Medicine

Editors: Brian Haynes & Paul Glasziou



Contents

Purpose and procedure	34	Review: celecoxib is as effective as other NSAIDs and leads to fewer gastrointestinal adverse effects	51
Additional articles abstracted in ACP Journal Club	35	Review: a short course of antibiotic treatment is as effective as a standard course in children with urinary tract infection	52
EBM notebook		Dietary supplementation with vitamins, minerals, and fatty acids reduced antisocial behaviour in young adult prisoners	53
Numbers needed to treat derived from meta-analysis: a word of caution	36	Review: stretching before or after exercise does not prevent muscle soreness or reduce risk of injury	54
Resource Review	38	Surgery was associated with greater long term treatment success than wrist splinting in carpal tunnel syndrome	55
Letter		Arthroscopic surgery was not effective for relieving pain or improving function in osteoarthritis of the knee	56
Review: β blockers increase fatigue and sexual dysfunction but not depression after myocardial infarction	40	Group based exercise reduced falls in community dwelling people ≥ 70 years of age	57
Therapeutics		Duct tape occlusion treatment increased resolution in common paediatric warts	58
Radical prostatectomy reduced death from prostate cancer but not all cause mortality	41	Review: common topical applications containing salicylic acid or lactic acid improve clinical cure in non-refractory viral warts	59
Warfarin alone or with aspirin was superior to aspirin alone after acute myocardial infarction but increased bleeding	42	Conservative treatment reduced pain and was as effective as sutures in hand lacerations	60
Losartan was more effective than atenolol for isolated systolic hypertension and left ventricular hypertrophy	43	Applied pressure reduced perceived pain at the intramuscular injection site	61
Annual screening with mammography and breast examination did not reduce breast cancer mortality in women 40-49 years of age	44	Diagnosis	
Review: mammography reduces breast cancer mortality rates	45	Review: clinical findings should determine choice of imaging test for patients with low back pain in a primary care setting	62
Review: observational studies adjusting for socioeconomic status and lifestyle show no association between HRT and CAD	46	Aetiology	
Review: risks and benefits of HRT comparing various sources of evidence	47	Review: breastfeeding is associated with reduced risk of breast cancer	63
Homocysteine lowering treatment improved outcomes after percutaneous coronary intervention	48	Quality improvement	
Review: antileukotrienes are less effective than inhaled corticosteroids in chronic asthma	49	Review: most disease management programmes for providers and patients lead to improvements in care	64
Review: respiratory rehabilitation improves health related quality of life in chronic obstructive pulmonary disease	50		